



CHERRY TREE COMMUNITY HUB ACTIVITIES LIST

DAY	TIME	EVENT	CONTACT INFORMATION FOR BOOKING
Monday	09:00 - 1:30 pm	English as a second language classes	https://www.webenrol.com/westsussex/ or telephone 033 022 24075
	09:30 – 12:00	HOPE Family Support Drop In	https://buildinghope.org.uk/group/drop-in-burgess-hill/
	3rd Monday of each month 09:45 – 11:45 am	History of Architecture	Burgess Hill U3A https://burgess-hill.u3asite.uk/contact/
	10:00 – 2:00 pm	Signposts	jane.russell@signpostsmidsussex.org.uk OR amy.hickman@signpostsmidsussex.org.uk
	12:00 – 2:00 pm	Warm Space Café	Community People on site
	6:15 pm – 7:00 pm	Bounce Fitness	https://www.bouncefitbody.com
	7:00 – 9:00 pm	Aspective	aspergersvoice@gmail.com



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	7:15 pm – 8:45 pm	Tai Chi	John Stothard stothardjohn39@yahoo.co.uk
Tuesday	10:00 – 11:30 pm	Reaching Families	Telephone: 01903 366360
	10:00 – 4:00 pm	ALD Cookery Classes	https://www.webenrol.com/westsussex/ or telephone 033 022 24075
	14:00 – 16:00	Crafting Sessions	https://ceceliascrafts.com/
	6:30 pm – 7:15 pm	Bounce Fitness	https://www.bouncefitbody.com
Wednesday	09:00 – 13:30 pm	English as a second language classes	https://www.webenrol.com/westsussex/ or telephone 033 022 24075
	On 1 st Wednesday of each month 10:00 – 12:00	Carers Support Session	info@carerssupport.org.uk or telephone 0300 028 8888
	10:00 – 2:00 pm	Signposts	jane.russell@signpostsmidsussex.org.uk OR amy.hickman@signpostsmidsussex.org.uk
	2:00 pm – 4:00 pm	Art for All	Burgess Hill U3A https://burgess-hill.u3asite.uk/contact/



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	7:00 pm – 7:45 pm	Bounce Fitness	https://www.bouncefitbody.com
Thursday	2nd and 4th Thursday each month 10.00 - 12.00 pm	Quiz Group	Burgess Hill U3A https://burgess-hill.u3asite.uk/contact/
	10:00 – 2:00 pm	Community Café serving hot food between 12:00 – 1:30pm	Community People on site
	2 nd Thursday of each month 2:00 – 4:00 pm	Science & Technology	Burgess Hill U3A https://burgess-hill.u3asite.uk/contact/
	3 rd Thursday of each month 2:15 pm – 4:15 pm	Family History	Burgess Hill U3A https://burgess-hill.u3asite.uk/contact/



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	17:00 -19:00	Girls Group for neurodiverse girls aged 12-17	childrenreferrals@aspens.org.uk
Friday	09:30 – 11:30	Little Haven Play for children aged 0-18 months	Littlehavenplay@outlook.com
	10:00 – 2:00 pm	Signposts	jane.russell@signpostsmidsussex.org.uk OR amy.hickman@signpostsmidsussex.org.uk
	2 nd Friday of each month 7:30 – 9:30 pm	Zodiac Social Club	Helen Clark hellyclark@googlemail.com or telephone 07989 935594
Saturday	08:10 – 08:55	Bounce Fitness	https://www.bouncefitbody.com
	14:00 – 16:00	Crafting Sessions	https://ceceliascrafts.com/
Daily	Appointments arranged	Footwise Podiatrist Clinic	footwiseclinic@gmail.com or telephone 07928 028090

IF YOU ARE INTERESTED IN HOLDING AN EVENT OR REGULAR CLASS AT THE CENTRE,

PLEASE POP IN OR EMAIL enquiries@communitypeople.org.uk